Winter Edition June 2015





Quote of The Day

Every actor has to make terrible films from time to time but the trick is never to be terrible in them.

Christopher Lee

1922 - 2015

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Vice - President's Message

Welcome to the Winter Buderim Men's Shed newsletter. With our membership already at 232 we welcome returning and new members. Activities are well into full swing and many personal and shed projects underway keeping our new shed coordinators Dick, John and Ken very busy. The management committee meet fortnightly and deal with now 20 or so different agenda items keeping the shed in action. The Shed hosted the first Queensland Men's Shed Association Expo in May with 35 different sheds represented form all over the state – a great networking opportunity.

Our grants from sponsors continue to greatly assist allowing us to do more for membership and the community. The new shed on our land is being progressed by Norm and Ross and the detailed preliminary and statutory work being addressed. Funding to build the shed remains the main challenge. A State Government grant for tools has been enthusiastically received in addition to a welcome grant from Medicare introducing a number of shed initiatives in the health and wellbeing area. Energex have supported another household maintenance course for ladies following the successful course in February.

Members will be completing a detailed survey from the Sunshine Coast University as part of their research study on Men's Sheds and we look forward to the outcome of this research to assist us in future planning and contact with government.

Preparations for the Light Horse memorial as part of the 100 year Centenary of Anzac is well underway. We have received approval from the DVA to proceed at Woombye with their Light Horse Troup and a dedication on 31 October at 4.00pm will be a big affair possibly with the Governor General opening it. Jeff Franklin will be busy developing his design monument with other Shedders ready for the event. A large procession of some 20 Light Horse riders will lead a large procession at Woombye on the day.

Barry Cheales

Shed Coordinators' Report

The shed co-ordinators have over the past couple of months produced & set up a system of maintenance books to help all the trade groups keep a better control of any damaged & faulty equipment where it can now be checked daily & recorded. All groups have responded to this in a positive fashion. We also have finalized the wish list in these areas where we had a \$10,000 grant to spend on tools alone. We are in the process of getting three quotes from suppliers to spread our money a bit further.

For those who didn't attend our last monthly meeting, we quoted on 14 fold up tables $2200 \times 950 \times 750$ high & succeeded in getting the contract. We should get approximately \$2,000.00 profit out of this project for the shed. The Wednesday woodworkers & the Thursday woodworkers have undertaken to do this project.

Don't forget to wear your name tags at all times whilst at the shed & sign in & out at your relative areas. This is for insurance purposes & also most importantly is to pay your \$5.00 a week when in attendance at the shed. Could team leaders police this for us?

Well done to the groups who have been rostered on to clean & vacuum upstairs on the monthly cycle. They have set a high standard for the rest of us to match. I believe the Wednesday woodworkers are rostered on for June.

Finally, OPEN DAY is coming upon us again very quickly. Will all members rack their brain or search the internet so we can try to come up with some new ideas to make & sell items which will not be too expensive but could be snapped up like hot cakes by the buying public.

If you have any thoughts slip them into:

THE SHED CO-ORDINATORS PIGEON HOLE in front of the reception desk.

Thanks for making our job easy & rewarding.

Dick Winfield & John Winstanley

Editors Report

As many of you will probably know, the war office and I have made our way north in our off-road van hoping to understand just what it is that forces so many grey nomads to head off into the scrub like some way-ward lemmings all in the hope of discovering nirvana. If we don't find it in 2 weeks, that means the handbrake has settled down to a more leisurely routine in which case, we might last until 8-10 weeks have elapsed, the money has run out or we've been eaten by wild dingos.

My thanks to some fellow caravan users from the shed for their advice and assistance in making me some items such as an awning extension rope hook thingy, a fireplace grate and a nicely welded metal bracket to hold another 100AH battery. I'm not in the habit of naming, blaming and shaming the guilty but Ross, Andy, Arch, Morrie, John, Col, Jim etc can all take a bow.

This is a practice run for us both in final preparation for our push to the South Pole in a year's time where we hope to circumcise Australia over a 12 month period.

By the time you get to read this edition we will probably be well north of the customs department at Gympie on our way through hill-billy country so I just hope we don't get frisked again for any contraband at the border. There will be plenty to see and do so it will be a relief to get away on a new adventure.

Arrivederci.....

You Can't Keep A Good Man Down....

BMS member Ted Egerton (Ted#2) representing Sunshine Coast Rowing Club, competed in 9 races at last week's Australian Masters Rowing Championships held on the 2000 Olympic Course at Penrith. Teamed up with fellow Buderim rower Rod Hutchinson, they both won 8 medals including gold in the Pair & Quad Sculls.

They joined with men and women from around Australia including from WA & Tassie in the larger boats. Their only Bronze medal was for the Double Scull which is the toughest owing to the number of entries and the quality of the individual scullers. Record entries were received this year from 112 clubs. For example the Mens Club Eights had 21 crews and the Women 19 crews. Competition is in 5yr age categories from min 27 upwards.

Some rowers were well over 85. Ted said they trained especially hard on the Maroochy River in the small pair-oared boat which paid off with an easy win.

Well done guys!

New Shed Site Progress Report

The Relocation Sub-committee is working steadily if slowly towards preparing a Development Application to submit to Council. An environmental survey has been completed and we are now working through the need to offset the vegetation that must be removed for building construction. This is an issue that the Council is pretty strict on and has the potential to delay approval and/or cost quite some dollars to fix.

We have had initial discussions with our Planning Consultant and Architect aimed at firming up our building and car parking footprint and preparing some cost estimates. This raises once again the issue of FUND RAISING by the Shed members to cover the costs of building our new Shed. If we do not start to get serious on this matter we will not be moving to a new, improved and permanent Shed any time soon. If you think you can help in this important activity please contact any Committee Member.

Ross Winks has organised a couple of working mornings at the new site doing clean-up, grass cutting and the like. This is likely to be a regular event from now on so please watch out for email reminders and if you are able, come along and lend a hand. Thanks to the usual suspects who have turned up for the first couple of work days.

Finally another call for volunteers. The Sub-committee members, Ross Winks and Norm Thursby are both planning some time away during the next few months and we urgently need replacements to keep the momentum up while we are away. If you have experience in Civil Engineering, Industrial Building, Council Planning & amp; Administration, Contract Management or just the enthusiasm to get involved we would love to hear from you. In fact we must hear from some members willing to join our Sub-Committee as soon as possible.

Norm Thursby

Music Group

If you happen to be at the shed on Tuesday afternoons, post lunch you may have heard the Muso's in session.

Our group has grown in number, skill and confidence as we take on the complexities of a variety of songs and music in general. Other stringed instruments are incorporated where possible, namely the banjo, mandolin and ukelele.

Enjoyment and advancement, both individual and group are our major objectives. With the risk of "big noting" ourselves, some of us now play regularly at other events such as the Folk Club. We will also be represented at the coming Caloundra Music Festival in October.

Perhaps you have a suggested song for us? Please see me for your suggestions. No promises but perhaps a shed performance is possible in the near future. We all know how good music is for us, especially a good sing-a-long!!!

HELP: We would welcome a keyboard (smallish) if possible. Please see me if you know of one.

Thanks to all Muso's for your continued co-operation. A special thank you to Mike and Ken for imparting their musical knowledge and skills to those of us in a more learning mode!!!!!

Peter Koster (Co-ordinator)

Paver Program

Happily I can report that the paver collection program from the Nambour Cemetery is now complete. Many thanks to the Sunshine Coast Council for this. This kind donation will save a few dollars come the time to pave new areas at the new site.

If the cost of a paver is say 50 cents, we've got (rough estimate) over \$7,000's worth!!!

My thanks to all who helped out; Ron, Ken Grant, Ken Reid, Greg, Alan, Rod, Rick, Dave and Ken. We also appreciated the help given by fellow shedders to unload and stack the pavers on site.

There is the possibility of more pavers in the not too distant future as the cemetery continues its upgrade.

Peter Koster (Co-ordinator)

Buderim Muscle

Buderim Muscle has certainly been involved in community affairs of late.

Apart from Book Week, Easter Fair and Australia Day, ANZAC DAY assistance in this the Centenary of ANZAC is of significance.

The Buderim ANZAC Committee is most appreciative of our continued support with the setting up and closing down activities-- chairs, marquees, traffic flow, etc

I would like to acknowledge the help and leadership of Muscle Crew members during my recent absence.

Buderim Muscle continues to make a difference in our community. No special skills required, just some of your time. We could use a few more members.

For details, please see / contact Peter Koster on 5453 4793 or email at - paylkoster@hotmail.com

Peter Koster (Co-ordinator)

Did You Know:

The 5 most venomous snakes in the world are:

1. Inland Taipan (Australia)

- 2. Eastern Brown Snake (Australia)
- 3. Blue Krait (Parts of Asia)
- 4. Taipan (Australia)
- 5. Black Mamba (Parts of Africa)

Aren't you glad you live in Australia!!!

Generous Donation to The Shed

Our sincere thanks to Ron Cook (Arch's son) who very kindly donated a Denon Amplifier / Receiver for use in the main meeting room. All we need now is for some tech head to wire that bad boy up along with some new speakers also kindly donated by Ross Winks.

Turnfest 2015

On the weekend 20th to the 22nd March Howard, Jan & I along with 250 plus turners had the pleasure of attending what is reputed to be Australia's Premier Woodturning Event at the SeaWorld Resort. This is the 13th year this event has been held and as usual it is a must for many woodturners. We had the opportunity to view demonstrations from 13 professional turners from Queensland interstate and overseas.

These turners are among the best in the world and are willing to show us their skills and teach us the techniques that will help us improve our own turning skills.

As I mentioned this is an annual event and if any one wishes to attend next year's presentation to be held on the 18th, 9th & 20th March 2016, I have the details and Registration forms available.

There was an impressive Gallery of turned items and I took a few pictures which I have pleasure in sharing.

Regards David Westmore



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THE SHED SPREAD



Wednesday Woodworkers

The Wednesday Woodworkers should be called the "Wednesday Wanderers" as some of us have been travelling:-

Bert was off to Gallipoli for the Anzac memorial and touring. Rod is caravanning to the Centre and is hoping to throw Ayers Rock. Dick to Melbourne on family business and Bruce to Gilgandra, also on family business. John has been on a fishing trip to an Island and a mystery flight (Cairns?). Elvin is in Brisbane with his wife and Phil is river cruising in Europe. As for myself, I've been helping the economy of the Kimberley area for 11 days sightseeing.

But despite all that, we have still been busy at the shed with a few personal projects but mainly making 14 fold up tables for a hire business. Thanks to Mick and his Thursday crew for staining and waxing the tabletops and making them look professional.

We are also re-carpeting cat scratching posts for the Animal Refuge at Sippy Downs and this has been a harder task than we anticipated. Perhaps it would have been quicker to make new ones!

Ron Peick

She was standing in the kitchen, preparing our usual soft-boiled eggs and toast for breakfast, wearing only the tee shirt that she normally slept in. As I walked in, almost awake, she turned to me and said softly, "You've got to make love to me this very moment!"

My eyes lit up and I thought, "I am either still dreaming or this is going to be my lucky day!" Not wanting to lose the moment, I embraced her and then gave it my all; right there on the kitchen table.

Afterwards she said, "Thanks," and returned to the stove, her T-shirt still around her neck.

Happy, but a little puzzled, I asked, "What was that all about?"

She explained, "The egg timer's broken."

Wooden Hangers For Ladies Scarves / Mens Belts

In late 2013, Bert "the honey man" made a number of scarf hangers based on a pattern obtained from a craft market in northern NSW. I purchased one for my wife as a Xmas present. It was delivered by Bert fully Xmas wrapped. My wife could not believe her eyes on opening it, you are onto a WINNER!! Every lady who owns scarves will want one. We have two in our house now, for summer & winter scarves. The bonus is that a whole storage drawer has become available for other 'stuff' and the scarves are now totally visible on the hanger in the wardrobe.

The Tuesday WOODWORK group decided to take on making the hangers as part of its contribution toward Shed Fund Raising. Over the past 20 months we have made over 60 Hangers which have made a net income of around \$1,600.00 for the Shed. The benefits from the Project have been an exposure for our 'apprentice' woodworkers, to a range of woodwork machines utilised in the making of the hangers. These include the band saw, drill, key hole bit, 2 sanding machines and then a lot of TLC, patience, hand sanding, varnishing and more patience care. A great learning experience for RANJAN & DAVID whom now run this project. They start off with a plain piece of timber & create a functional item. It has also provided bonding within our Group.

Now here comes the sell!! We are providing a window of opportunity to enable Shed Members to order HANGERS. They make excellent GIFTS & can be used by the ladies for both summer & winter scarves and by men for their belts & ties. Further, you are providing a monetary donation to the NEW shed. Order before the end of August & we will have them made prior to Xmas. You will definitely score brownie points with the recipient(s).

8 Hole Hanger for just \$25.00. Fits all wardrobes.

6 Hole Hanger \$20.00.

Bob Teerink WOODWORK Group Tuesday.



Ranjan & David with a blank template and 2 finished hangers.

From the Secretary

Our membership is increasing steadily and with the influx of new members it is difficult to keep up with everyone's names. To help us in the office and to make new members more welcome would you all please wear your name badges. This will help the office when an enquiry is made or information needed and help new members when they meet you. Also we are often asked for new or replacement badges which have gone missing or left at home and this can be time consuming. This can be overcome by leaving your badge on the board in the foyer, preferably under the letter of your name.

Another housekeeping matter is the sign in /out sheet on the office counter. Please ensure that you sign in and pay your \$5.00 and sign out as well. Signing in records your presence at the shed which could be needed if there is an insurance claim in the future. The payment goes towards the cost of running the Shed and providing the tea, coffee and biscuits. Please remember to also sign out when you leave.

The front office will now be staffed on Tuesday, Wednesday and Thursday. Ian Loosemore assists on Tuesdays and Ray Crockett, whom you already know, looks after Wednesday with Keith Lane now taking up the Thursday roster. Ray also acts as Secretary when I am away and thanks to all of them for stepping forward to help. We also need members who can be called on to show people around the shed and induct new members. Anyone interested please contact the office.

Finally the matter of sausage sizzles, which are an important part of our fundraising. We need more volunteers as so far the same people volunteer each time. With 4 shifts during the day it doesn't take up too much time and with more names we can be an emergency fill in if the primary group have to cancel. If you are happy to assist please contact Ted Mclean.

John Payne

John Clemones Little Journey Across The Desert.

As some of you may recall, John Clemones decided to ignore the perils of riding his scooter and joined a veritable throng of daring volunteers in their quest to raise money for one of the most debilitating issues that many people people face today. The threat of depression and anxiety in today's frantically paced world can never be understated so the attempt to tackle this challenging ride of over 2,400 kilometers while raising over \$78,000 is a wonderful achievement and deserves our unified support and recognition.

A belated congratulations on behalf of all the BMS members on a job well done. May the blisters on yer bum heal quickly.

John had previously submitted details of this challenge to the shed last year however it may not have been received in time for our previous editor to include in the summer edition. We have however, managed to obtain a rather faint copy of an article that appeared in the News for Seniors magazine which is included below.

If you are reading a digital copy of the newsletter, you should be able to embiggen the image by zooming in but if you are reading a physical copy then you may need to hire out the Hubble Telescope for a while.

HEALTH | BEYONDBLUE

Scooting across the Nullabor Plain

Crossing Australia's iconic Nullabor Plain on a motor scooter is no easy ride, but a group of seniors from across Australia have proven that they're up to the challenge.

The 20 seniors travelled 2400 km on scooters from Port Augusta, South Australia to Fremantle, Western Australia in September 2014 to raise awareness of depression and anxiety, and raised more than \$50 000 for beyondblue.

The idea for the two-week ride, named the Scootabor Challenge, came from 73 year old Queenslander Ian 'Jake' Jacobsen, a former pilot and Antarctic explorer.

Jake is passionate about encouraging other seniors to live an active lifestyle to help maintain their mental health, and to seek support when they may be struggling.

It's thought that between 10 and 15 per cent of older people experience depression and approximately 10 per cent experience anxiety.

While extreme activities might not be suitable for everyone, maintaining good health can also be achieved through measures like eating well, exercising regularly and being involved in community activities.

The Scootabor Challenge was about inspiring Aussie seniors to get the most out of their lives, by keeping active and tapping in to their sense of adventure,' says Jake.

'It was also about promoting the value of older people to the broader community. Our age makes us an asset, not a liability. 'All of the Scootabor Challenge riders have been affected by depression or anxiety, either because we have experienced these conditions personally or someone close to us has, so we're thrilled to support beyondblue,' he says.

For information on the signs and symptoms of depression and anxiety, available treatments, and details of where to get help, go to beyondblue.org.au

Trained mental health counsellors are available via the beyondblue Support Service on 1300 224 636 or webchat or email at beyondblue.org.au/ get-support



Thursday's Woodturning Group

Thursday's group starts at 8.30am and finishes between 2-3pm and has between 4 to 7 members turn up on a given day. Some people come from other groups and turn a part of the job they might be making or make a mallet for wood carving.

Rob has come from woodworking to turn some table legs and has nearly finished his set of four. Over the last four weeks he learnt how to use scrapers and gouges and how to sand up the job.



Tony has come back to us after a break where he changed houses. He mostly turns camphor laurel bowls but is currently working on some mango which gives great colour and texture.



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Stewart who joined with Bill, has just finished turning a large silky oak fruit bowl which is his biggest project to date.

Des has recently turned up a large pine bowl and has burnt the top lip to give a great contrast to the pale timber. Pam, his wife is still looking for her miniature cooking blow torch.

Brian has just returned from a caravan holiday down south for a few months and is our newest member. He is currently turning up Christmas tree ornaments for friends.



David has recently made a turned flute stand out a piece of hardwood for his son who is a music teacher. The timber came from a 100yr old bridge post and the colours from the tough old timber were outstanding when polished.

Jan is our maintenance man, who is always kept busy fixing machinery and building tool racks and cupboards to hold all our gear. Our thanks go out to him for his tireless efforts to keep everything running well.

BMS WINTER EDITION – JUNE 2015

THE SHED SPREAD



Howard is a very talented turner who is always willing to share his techniques with the rest of us. He has improved my finishing skills and tool usage a lot, and is a real asset to Thursday's group.

Howard and Jan are headed off to Turnfest at Moogerah Dam for the next few days with Wal from Tuesday's group. They will be joining about 45 other woodturning enthusiasts, sharing ideas and having a great time.





I have been making pens for friends, and a few large fruit bowls for my wife over the last few weeks. Currently I am shaping a few new tools from tool steel that Brian has acquired for me while down south.

Ian Close

May Cleaning Roster

Two enterprising and extremely diligent members of the computer group volunteered for the cleaning duties roster during the month of May, namely Harvey Hopkins & John Hobbs. Encouragingly, both these members did an excellent job and they have certainly "set the bar" for future groups in this important area in the day to day operation of the Shed. Thanks guys. The challenge is now on for future groups to surpass Harvey & John's high standards.

Ted McLean

Appointment of Shed Welfare Officer

Shedders may be aware that following some research undertaken by David Westmore, he felt the need for the shed to have a welfare officer to be appointed and kindly nominated himself for the position. This newly created position will certainly benefit the members as it will work in closely with the Health and Wellbeing Committee.

David kindly submitted the following article to the editor to include here for your future reference.

Recently one of our fellow shedders had his leg amputated in a Brisbane hospital. The only way the shed found out about it was after his wife answered a request for help cleaning up our new site and explaining why Werner couldn't help. It occurs to me that while we will give support to our fellow shedders at the shed but as men we would not always think that a bloke might appreciate a visit from his team mates if for whatever reason he finds himself house bound. As blokes we wouldn't think to ask our team mates to pay a visit. To solve this problem we need to:

- * Identify those shedders with a problem, this could include being house bound looking after a sick wife, ill themselves, virtually anything which does not allow them to come to the shed.
- * Contact them and offer support
- * Support them by visiting them at their homes or if needed at the hospital where they are a patient.

How can you help?

If you learn of some shed member with a problem contact me or one of my team (Contact Details Below) we will take it from there.

Contact details:

David Westmore		Ray Mazoletti	Peter Koster	Ted McLean
Phone 54440419		***	54534793	***
Mobile 0418989404		0409444142	0488370007	0412772280
Email Details:				
David :wesbud2@iinet.net.au				
Ray:	cwsc@bigpond.com			
Peter:	paylkoster@hotmail.com			
Ted:	ted.roos@hotmail.com			

Put these contacts on your fridge and tell your wife, you may need help one day.

Tips For Any BMS Caravan Owners

Members might be interested to learn about a new traffic regulation that has come into effect recently that involves any towed vehicle with a registration plate.

Recent complaints from highway police and roadside speed camera operators have revealed that their equipment is not always able to read registration plates that are too high on a towed vehicle. For this reason it is now illegal in Queensland to have a registration plate mounted higher than 1300mm on your towed vehicle. I would assume this could include any similar vehicles such as camper trailers, caravans, horse floats, box trailers etc. We recently heard that a travelling couple were charged a hefty fine while the driver lost demerit points from his licence.

I am not sure if this would include marine craft as I don't own any but would suggest you make further enquiries if you feel you might be affected.

Having heard about this recent change to the rules, we had to relocate our registration plate from over 1800mm high to its new position of just under 1300mm which has left a rather unsightly series of holes which needed to be plugged up.

To overcome this issue, the handbrake & I decided to actually give our van a name / slogan of sorts and to make a personal statement during our travels even if it might be considered a bit corny.

Prospective names / slogans included:

Adventure Before Dementia (This one is a bit too common so it was excluded)

If You Don't Like My Driving, Get Off The Footpath (I like drive like this normally!)

If You Can Read This, I Am Not Impressed! Most People Can Read! (Ouch!)

I Used Up All My Sick Days So I Called In Dead. (Bit too close to home)

The Outback. Nature's Way of Preserving Flies, Mozzies & Rusty Beer Cans.

I Apologise For Being So Close In Front Of You. (Might actually annoy someone!)

I Said Retired! Not Retarded! (Politically incorrect? probably, but it's talking about us so who cares?)

God Grant Me The Senility To Forget The People I Never Liked Anyway, The Good Fortune To Run Into The Ones I Do & The Eyesight To Tell The Difference. (Too Long)

I'd Rather Be Knitting (I actually like knitting and ballet and synchronized swimming etc)

A Yowie Saw Me Once But Nobody Believed Him.

0-60 KPH in...... 3 days time.

But the final winner was:

Kid's Inheritance??

Dude? Seriously??

Sport & Recreation Fund Raising Schedule July 20th to Jan 29th 2016

- MONDAY JULY 20. Fishing Trip Excursion. 0800 1400. Swan Boat Hire, On Bradman Av. \$25 P/h - Incl Lunch & Soft Drinks. 22 Members Required for 2 Pontoons.
- SATURDAY JULY 25. Sausage Sizzle. 0800 -1600. Officeworks, Plaza Pde, Maroochydore. 3 Members Req for each of 3 Shifts. 0730--1030, 1030--1330, 1330--1630.
- SATURDAY AUG 22. Sausage Sizzle. 0730 1630. IGA, Cnr Jones & Pittards Nth Bdrm. 3 Members Req for each of 3 Shifts. 0730--1030, 1030--1330,1330--1630.
- THURSDAY SEPT 24. Sausage Sizzle. 0730 1630. Bunnings, Maroochydore Road. 4 Members Req for each of 3 Shifts. 0730--1030, 1030--1330, 1330--1630.
- SATURDAY OCT 10. Sausage Sizzle. 0700 1700. IGA Market, Wises Rd, Buderim. 3 Members Req for each of 3 Shifts. 0700--1030, 1030--1400, 1400--1700.
- SATURDAY NOV 14. Buderin Men's Shed Open Day.
- SATURDAY DEC 19. Sausage Sizzle. 0730 -1630. Officeworks Plaza Pde, Maroochydore. 3 Members Req for each of 3 Shifts. 0730--1030, 1030--1330, 1330--1700.
- FRIDAY DEC 25, MERRY CHRISTMAS
- FRIDAY JAN 1 16 HAPPY NEW YEAR
- FRIDAY JAN 29Sausage Sizzle. 0730 -1030. Officeworks Plaza Pde, Maroochydore.
3 Members Req for each of 3 Shifts.
0730--1030, 1030--1330, 1330--1730.

BMS shirts and caps to be worn. (Some spare apparel are avail). Both feet MUST be covered. (No thongs or sandals). BMS serving aprons are supplied. As discussed at the members meeting earlier this week funds are urgently required for the construction of the new Shed. So I appeal to ALL members to make themselves available for one of these fund raising events. Upwards of \$5000 is possible to achieve from these "sizzles" with the sale of Shed leather belts (Col Haggarty and crew) and raffles to be conducted on the day. NEW faces would be most appreciated instead of the "usuals".

Ted McLean

Contribution end-dates for 15 September 2015 (Spring) Issue is

Tuesday 8th September 2015

If you have any stories or ideas, please email them to Greg Cummins at

fregster@yahoo.com.au - With BMS Magazine Submission as your heading.

NOTE: MATERIAL SUBMITTED AFTER END DATE WILL HAVE TO GO INTO THE FOLLOWING EDITION. ALTERATIONS TO SUBMITTED ARTICLES MAY BE EDITED TO ENABLE SUITABLE INCLUSION.